



Wednesday January 7 - Saturday February 15

*In 40 Days of Prayer and Fasting, let us center our lives on God in 2026 and this Year of 40 by **drawing** closer to God, **depending** on God, **dwelling** on God, and **devoting** ourselves to the mission of God. As a church, may we **grow deeper** in God, **get desperate** for God, and **go make disciples** for God!*

In prayer, we access the power of God. In fasting, we advance faith in God.

Prayer Gatherings at Cardinal

“Prayer & Fasting” & Prayer Time Wed. January 7 7-8 pm

Night of Prayer & Praise Wed. January 14 7-8 pm

Prayer Time for our Church & the Lost Wed. January 21 7-8 pm

Weekend of Prayer Fri./Sat./Sun. February 13-15

Prayer

Prayer is personally communing and communicating with our personal God. Set aside specific time(s) to get away from distractions, and have intentional, focused prayer with God and be in His Word.¹ And in free moments throughout the day—in your car, at your office, at school, in the middle of situations—learn to pray.

Fasting

Fasting is when a Christian voluntarily gives up something (often food) to focus on God. You could choose to fast for the whole day, for one meal a day or week, or from something like coffee or sweets over the next 40 days. You may modify the fast (if you aren't able to fast from food or want to choose something other than food) by fasting from something like social media, television, videogames, projects, etc., and instead spend that time with God when you would do those things.

¹ Unless otherwise stated, all Scripture in this guide is from the Christian Standard Bible (CSB).

Day 21 – Tuesday January 27

2 Chronicles 14:1-15

Then Asa cried out to the LORD his God, “LORD, there is no one besides you to help the mighty and those without strength. Help us, LORD our God, for we depend on you, and in your name we have come against this large army. LORD, you are our God. Do not let a mere mortal hinder you.”

-2 Chr. 14:11-12

Pray:

- *By giving praise that there is no one besides our God in power.*
- *For the Lord to help you in whatever you are facing.*
- *That you will depend on the Lord and His strength, and not your own.*

Day 22 – Wednesday January 28

2 Chronicles 20:1-34

LORD, God of our ancestors, are you not the God who is in heaven, and do you not rule over all the kingdoms of the nations? Power and might are in your hand, and no one can stand against you...For we are powerless before this vast number that comes to fight against us. We do not know what to do, but we look to you...This is what the LORD says: ‘Do not be afraid or discouraged because of this vast number, for the battle is not yours, but God’s. -2 Chr. 20:6, 12, 15

Pray (for yourself or another person):

- *By giving glory for the power and might of our God.*
- *“I (they) do not know what to do, but help me (them) to look to you.”*
- *To trust that the battle is the Lord’s, not being afraid or discouraged.*

Day 23 – Thursday January 29

Jeremiah 32:16-44

*Oh, Lord GOD! You yourself made the heavens and earth by your great power and with your outstretched arm. Nothing is too difficult for you!
-Jer. 32:17*

Pray:

- *That you will believe that nothing is too difficult for the Lord.*
- *A prayer of surrender to the Lord of what is difficult for you.*
- *That you will trust the promises of God to deliver.*

Day 24 – Friday January 30

Daniel 9:1-23

Lord, hear! Lord, forgive! Lord, listen and act! My God, for your own sake, do not delay, because your city and your people bear your name...While I was speaking, praying, confessing my sin and the sin of my people Israel, and presenting my petition before the LORD my God concerning the holy mountain of my God. -Dan. 9:19-20

Pray:

- *A prayer of confession of sin and ask for God's forgiveness.*
- *A prayer seeking God's forgiveness on behalf of people and pray God would lead them to turn back to Him (His church, our nation, powers in the world, people in our lives).*
- *Giving joyful thanks that because Jesus paid it all, you can be forgiven!*

Day 25 – Saturday January 31

Jonah 2:1-10

*I sank to the foundations of the mountains, the earth's gates shut behind me forever! Then you raised my life from the Pit, LORD my God! As my life was fading away, I remembered the LORD, and my prayer came to you...
-Jon. 2:6-7*

Pray (for yourself or another person):

- *For the Lord to raise you or someone from the pit of fear, pride, distress, or sin, and back to God.*
- *For the Lord to reveal what is causing you/someone to run from Him or say “no” to Him (fear, anger, materialism, dreams, comforts, sin).*
- *To say “yes” in faith when the Lord calls, and not turn and run away.*

Day 26 – Sunday February 1

Habakkuk 3:1-19

Though the fig tree does not bud and there is no fruit on the vines, though the olive crop fails and the fields produce no food, though the flocks disappear from the pen and there are no herds in the stalls, yet I will celebrate in the LORD; I will rejoice in the God of my salvation! The LORD my Lord is my strength... -Hab. 3:17-19

Pray:

- *By celebrating the God of your salvation and all He has done for you.*
- *That you will be faithful to Him no matter what just as He has been faithful to you.*
- *For the Lord to revive His work in these years we live in.*
- *For the Lord to bring revival to your heart and our church, to be on fire for Him, fully faithful to Him and His mission.*

Day 27 – Monday February 2

Luke 1:46-55

*My soul magnifies the Lord, and my spirit rejoices in God my Savior.
-Lk. 1:46-47*

Pray:

- *By magnifying the Lord for all He has done for you in Christ.*
- *By giving thanks to the Lord for visiting you in your humble condition and placing His favor on you in Christ.*
- *For your hope in the Lord as His power and glory reigns over all.*

Day 28 – Tuesday February 3

John 17:1-19

Sanctify them by the truth; your word is truth. -John 17:17

Pray:

- *Giving thanks to God that by glorifying Jesus, we are His.*
- *That you will keep His Word and not be of the world. Be specific how.*
- *To be sanctified by the Holy Spirit in the truth of God's Word.*
- *That you will stand for His truth even when it is unpopular or hated.
Be specific for how God would lead you to stand where He has you.*

Day 29 – Wednesday February 4

John 17:20-26

May they all be one, as you, Father, are in me and I am in you. May they also be in us, so that the world may believe you sent me. -John 17:21

Pray:

- *For our church to be one in love as God the Father and Son are one.*
- *For the world to see Christ and His love in us by our living and loving.*
- *For God to help you love someone who needs to see God's glory.*

Day 30 – Thursday February 5

Matthew 26:36-46

My Father, if it is possible, let this cup pass from me. Yet not as I will, but as you will. -Matt. 26:39

Pray:

- *For God's will over your will to be done, even in suffering, uncertainty, want, worry, fear, or distress.*
- *For God to protect you in temptation in your weakness. Be specific.*
- *That you will be given strength to keep praying and trusting God.*

Day 31 – Friday February 6

Luke 23:32-43

Father, forgive them, because they do not know what they are doing. -Lk. 23:34

Pray:

- *With joyful thanks that through Christ, you are forgiven and free!*
- *Forgiveness upon someone and ask the Lord to help you get over it.*
- *For the Lord to help you love and forgive someone who has hurt you.*

Day 32 – Saturday February 7

Acts 4:23-31

And now, Lord, consider their threats, and grant that your servants may speak your word with all boldness. -Acts 4:29

Pray:

- *For God to give you boldness to share the Gospel boldly.*
- *For God to give you a fearlessness to step out in faith and share.*
- *Pray for a lost person in your life and for God to give you the opportunity to share the Gospel with them in the coming days.*

Day 33 – Sunday February 8

Romans 11:33-36

For from him and through him and to him are all things. To him be the glory forever. Amen. -Rom. 11:36

Pray:

- *By glorifying God as your Creator, Sustainer, Sovereign, and Savior.*
- *That you will live in His glory, walk in His counsel, and glorify Him with your life.*
- *For God to fill you with the wisdom and knowledge of God.*

Day 34 – Monday February 9

Ephesians 1:15-23

I pray that the God of our Lord Jesus Christ, the glorious Father, would give you the Spirit, of wisdom and revelation in the knowledge of him. -Eph. 1:17

Pray:

- *For God to give you wisdom and revelation of knowledge of Himself.*
- *For God to center your mind and heart in hope while in the world.*
- *For God to give you a hunger and desire to know Him deeper.*
- *For our church to grow richly in Him and be centered in His Lordship.*
- *Pray for hearts to be enlightened to the Gospel in Caroline county.*

Day 35 – Tuesday February 10

Ephesians 3:14-21

I pray that he may grant you, according to the riches of his glory, to be strengthened with power in your inner being through his Spirit, and that Christ may dwell in your hearts through faith. I pray that you, being rooted and firmly established in love... Now to him who is able to do above and beyond all that we ask or think according to the power that works in us—to him be glory in the church and in Christ Jesus...-Eph. 3:16-17, 20

Pray (for yourself and our church):

- *For God to strengthen you in His power through the Holy Spirit in you.*
- *For Christ to dwell in your heart by faith and for your faith will grow.*
- *That you will be rooted and established in His love.*
- *That you will know Him deeply, and find your joy and satisfaction in being filled with the fullness of God and the depths of Christ's love.*
- *For God to do above what we could ask, think, or imagine in the life of our church this year.*
- *For God's glory to move through our church in Caroline County and around the world.*
- *For God to reach 40 people for Christ through us this year.*

Day 36 – Wednesday February 11

Philippians 1:3-11

And I pray this: that your love will keep on growing in knowledge and every kind of discernment. -Phil. 1:9

Pray (for yourself and our church):

- *By giving thanks to God for your church family at Cardinal.*
- *For our partnership in the Gospel amongst one another to grow.*
- *For partnerships in the Gospel to grow with missionaries.*
- *For God to carry out His work of sanctification and mission in you and in our church.*
- *To grow in God's love with knowledge and discernment in how to love others. Pray for specific ways to love others and share the Gospel.*
- *To grow in God's love in knowledge and discernment so that you will do what is pleasing to God and not do what is not pleasing to God.*
- *That you will be pure in the way you live and what you look at.*
- *For the Lord to help you with specific sins or sin habits in your life.*
- *That you will love God more than your sin.*

Day 37 – Thursday February 12

Colossians 1:9-12

We are asking that you may be filled with the knowledge of his will in all wisdom and spiritual understanding, so that you may walk worthy of the Lord, fully pleasing to him... -Col. 1:9-10

Pray (for yourself and our church):

- *For those in our church family that need prayer. Pray for others who need prayer also. Pray for them.*
- *That you will be filled with the knowledge of His will for your life.*
- *That you will walk worthy of the Lord seeking to please Him in life— where you work, play, with your family and friends, among neighbors.*
- *That you will bear fruit in every good work God has given you to do.*
- *That you will grow in the knowledge of God.*
- *That you will have a hunger for and understanding of His Word.*
- *That you will be strengthened by His power to have great patience and endurance through your life.*
- *By giving joyful thanks to God for who He is and all He has done.*

Day 38 – Friday February 13

2 Thessalonians 3:1-5

Pray for us that the word of the Lord may spread rapidly...May the Lord direct your hearts to God's love and Christ's endurance. -2 Thess. 3:1, 5

Pray:

- *For the Word of God to spread rapidly from our missionaries and through our churches to a lost world.*
- *For the Word of God to spread rapidly through us and for the Lord to show us opportunities to spread the Gospel.*
- *For the Lord to protect us from those who oppose the Gospel.*
- *For strength to resist and for God to guard you from the Evil One.*
- *For your confidence to grow in God's faithfulness.*
- *For the Lord to direct your hearts to God's love and Christ's endurance.*

Day 39 – Saturday February 14

Jude 20-25

Now to him who is able to protect you from stumbling and to make you stand in the presence of his glory, without blemish and with great joy, 25 to the only God our Savior, through Jesus Christ our Lord, be glory, majesty, power, and authority before all time, now and forever. Amen. -Jude 24-25

Pray (for yourself, someone else, and our church):

- *For the Lord to build up your faith and keep you in the love of God as your identity.*
- *For God's mercy on someone who is wavering in their faith.*
- *For God to use you and give you boldness to share the Gospel with someone who is very lost and away from God.*
- *For the Lord to protect you from stumbling in your faith.*
- *For the Lord to remove any sin that stains your witness.*
- *By glorifying God our Savior through Jesus Christ our Lord that He is sovereignly in control by His power and grace.*

Day 40 – Sunday February 15

Revelation 22:12-21

Amen! Come, Lord Jesus. -Rev. 22:20

Pray:

- *For Jesus to come soon.*
- *For the Lord to keep you alert for His coming.*
- *That you will endure in faith until Jesus comes.*
- *For the Lord to give you and our church a sense of urgency for living on mission for the Gospel to the lost.*